

UFO **HUB**



1
00:00:13,830 --> 00:00:10,870
my name is wildflower

2
00:00:16,070 --> 00:00:13,840
and i am a psychic a musician and a

3
00:00:18,950 --> 00:00:16,080
maverick entrepreneur

4
00:00:20,470 --> 00:00:18,960
when it comes to being a psychic i was

5
00:00:23,189 --> 00:00:20,480
born that way

6
00:00:23,670 --> 00:00:23,199
so it really for me has been something

7
00:00:25,670 --> 00:00:23,680
that's

8
00:00:27,189 --> 00:00:25,680
always been a part of my life there

9
00:00:30,390 --> 00:00:27,199
wasn't really

10
00:00:32,310 --> 00:00:30,400
um there wasn't like a moment where

11
00:00:34,389 --> 00:00:32,320
there was like some kind of an awakening

12
00:00:35,990 --> 00:00:34,399
that happened for me it was more that

13
00:00:38,069 --> 00:00:36,000

you know when i was a kid

14

00:00:40,069 --> 00:00:38,079

i would talk to my guides and hear

15

00:00:43,750 --> 00:00:40,079

information from the other side and

16

00:00:45,430 --> 00:00:43,760

and um you know as i as i grew up then i

17

00:00:47,910 --> 00:00:45,440

i learned some different techniques and

18

00:00:50,389 --> 00:00:47,920

such um on how to

19

00:00:51,830 --> 00:00:50,399

you know explore that in different ways

20

00:00:54,549 --> 00:00:51,840

so that i could

21

00:00:55,670 --> 00:00:54,559

you know really uh create my institute

22

00:00:58,389 --> 00:00:55,680

and be able to offer

23

00:01:00,310 --> 00:00:58,399

information to people to others about

24

00:01:01,670 --> 00:01:00,320

how to

25

00:01:04,869 --> 00:01:01,680

you know be able to enhance their own

26

00:01:07,190 --> 00:01:04,879

psychic abilities and really how to

27

00:01:08,469 --> 00:01:07,200

create lives that they love by really

28

00:01:11,670 --> 00:01:08,479

exploring

29

00:01:13,190 --> 00:01:11,680

the different aspects of

30

00:01:14,710 --> 00:01:13,200

personal development spiritual

31

00:01:17,749 --> 00:01:14,720

development and

32

00:01:18,550 --> 00:01:17,759

energetic development well part of what

33

00:01:21,270 --> 00:01:18,560

i do

34

00:01:22,950 --> 00:01:21,280

is i really train people on how to

35

00:01:25,109 --> 00:01:22,960

create lives that they love

36

00:01:27,190 --> 00:01:25,119

and i mean sometimes you know when when

37

00:01:28,630 --> 00:01:27,200

i do private consultations

38

00:01:30,149 --> 00:01:28,640

which is every once in a while at this

39

00:01:30,550 --> 00:01:30,159

point because i've really been focusing

40

00:01:34,950 --> 00:01:30,560

on

41

00:01:37,109 --> 00:01:34,960

new books at this point

42

00:01:38,390 --> 00:01:37,119

but when i'm working one-on-one with

43

00:01:40,870 --> 00:01:38,400

people you know

44

00:01:42,550 --> 00:01:40,880

and and even in my courses i really love

45

00:01:45,910 --> 00:01:42,560

to teach people how

46

00:01:46,550 --> 00:01:45,920

to understand the patterns in their

47

00:01:52,950 --> 00:01:46,560

lives

48

00:01:54,149 --> 00:01:52,960

uh reshape their own paradigms or their

49

00:01:57,830 --> 00:01:54,159

worldviews

50

00:01:59,510 --> 00:01:57,840

to you know fit who they're becoming

51
00:02:02,310 --> 00:01:59,520
because so many people are living these

52
00:02:05,109 --> 00:02:02,320
lives of

53
00:02:07,830 --> 00:02:05,119
who they were in the past you know and

54
00:02:08,630 --> 00:02:07,840
it's really important thing to always be

55
00:02:11,350 --> 00:02:08,640
you know

56
00:02:12,390 --> 00:02:11,360
evolving really to keep yourself really

57
00:02:14,550 --> 00:02:12,400
connected

58
00:02:15,589 --> 00:02:14,560
and that's one of the things that i you

59
00:02:18,710 --> 00:02:15,599
know really enjoy

60
00:02:21,990 --> 00:02:18,720
teaching people how to do so

61
00:02:24,150 --> 00:02:22,000
basically in layman's terms how someone

62
00:02:26,470 --> 00:02:24,160
can go about utilizing the paradigm

63
00:02:30,070 --> 00:02:26,480

shift concept that i work with

64

00:02:32,710 --> 00:02:30,080

is to simply look at what

65

00:02:33,830 --> 00:02:32,720

is your current life paradigm and what i

66

00:02:37,110 --> 00:02:33,840

mean by that

67

00:02:40,390 --> 00:02:37,120

is what is it that you

68

00:02:42,150 --> 00:02:40,400

believe about life what is your paradigm

69

00:02:43,509 --> 00:02:42,160

and i'm going to put it in very simple

70

00:02:44,070 --> 00:02:43,519

terms here so that everybody can

71

00:02:46,309 --> 00:02:44,080

understand

72

00:02:48,229 --> 00:02:46,319

okay so it's kind of like this if you

73

00:02:51,589 --> 00:02:48,239

were raised in a family

74

00:02:53,430 --> 00:02:51,599

where you know uh the there's a mom or a

75

00:02:53,830 --> 00:02:53,440

dad or someone in the family that had to

76

00:02:56,949 --> 00:02:53,840

work

77

00:02:58,949 --> 00:02:56,959

order to survive

78

00:03:00,149 --> 00:02:58,959

and that their entire weeks were taken

79

00:03:03,190 --> 00:03:00,159

up and they had like

80

00:03:04,470 --> 00:03:03,200

you know maybe you know 20 hours free or

81

00:03:07,350 --> 00:03:04,480

10 hours free or

82

00:03:08,949 --> 00:03:07,360

not even that each week you're going to

83

00:03:10,470 --> 00:03:08,959

grow up in a paradigm where you think

84

00:03:13,270 --> 00:03:10,480

that that's natural

85

00:03:15,430 --> 00:03:13,280

okay and i mean that's just how

86

00:03:16,949 --> 00:03:15,440

paradigms work you you just kind of get

87

00:03:19,910 --> 00:03:16,959

born into these different world

88

00:03:23,030 --> 00:03:19,920

views and it can kind of mess with you

89

00:03:25,670 --> 00:03:23,040

you know and so the thing is is that

90

00:03:26,869 --> 00:03:25,680

that can become your paradigm if you

91

00:03:28,630 --> 00:03:26,879

allow it to be

92

00:03:30,390 --> 00:03:28,640

so a person that's raised in an

93

00:03:32,229 --> 00:03:30,400

environment where you know mom or dad is

94

00:03:33,670 --> 00:03:32,239

working three jobs just just to put food

95

00:03:34,149 --> 00:03:33,680

on the table and that's not vacations

96

00:03:38,390 --> 00:03:34,159

and

97

00:03:40,869 --> 00:03:38,400

stuff like that that's just like

98

00:03:42,550 --> 00:03:40,879

pure survival that person is going to

99

00:03:46,149 --> 00:03:42,560

have a very different paradigm

100

00:03:48,949 --> 00:03:46,159

than the one who was raised in a family

101
00:03:50,470 --> 00:03:48,959
where you know maybe they had a mom or a

102
00:03:51,990 --> 00:03:50,480
dad who was an entrepreneur

103
00:03:53,830 --> 00:03:52,000
where they could you know make their own

104
00:03:56,630 --> 00:03:53,840
hours they could travel a lot and

105
00:03:58,390 --> 00:03:56,640
and things like that and so you know if

106
00:04:01,429 --> 00:03:58,400
you're one of those people out there

107
00:04:04,470 --> 00:04:01,439
who have been you know exposed to

108
00:04:06,149 --> 00:04:04,480
um a situation like that where you

109
00:04:07,910 --> 00:04:06,159
really want to reframe

110
00:04:09,589 --> 00:04:07,920
your mind let's say let's say you were

111
00:04:11,750 --> 00:04:09,599
you were a kid you were raised

112
00:04:13,750 --> 00:04:11,760
in that kind of environment where you

113
00:04:15,830 --> 00:04:13,760

saw your parents working three jobs

114

00:04:17,430 --> 00:04:15,840

and let's say you grow up and we're

115

00:04:19,349 --> 00:04:17,440

working three jobs

116

00:04:21,430 --> 00:04:19,359

only to just barely support yourself

117

00:04:21,830 --> 00:04:21,440

what you really need to do in order to

118

00:04:25,670 --> 00:04:21,840

shift

119

00:04:27,990 --> 00:04:25,680

paradigm because

120

00:04:30,310 --> 00:04:28,000

no amount of finding little odds and

121

00:04:32,629 --> 00:04:30,320

ends jobs in the world

122

00:04:33,430 --> 00:04:32,639

is going to make that better for you

123

00:04:35,670 --> 00:04:33,440

until you

124

00:04:37,430 --> 00:04:35,680

actually shift your paradigm and shift

125

00:04:39,670 --> 00:04:37,440

your expectation

126

00:04:42,629 --> 00:04:39,680

about it and you can start to do that by

127

00:04:44,469 --> 00:04:42,639

simply being honest with yourself

128

00:04:45,990 --> 00:04:44,479

you know simply being honest with

129

00:04:47,830 --> 00:04:46,000

yourself about

130

00:04:49,510 --> 00:04:47,840

what you want in your life i mean hey if

131

00:04:52,150 --> 00:04:49,520

you're working three jobs

132

00:04:53,030 --> 00:04:52,160

and you know what you love them all and

133

00:04:55,430 --> 00:04:53,040

it's like you

134

00:04:56,230 --> 00:04:55,440

you go and and each one of these things

135

00:05:00,310 --> 00:04:56,240

that you're doing

136

00:05:03,110 --> 00:05:00,320

is fun then wonderful that's awesome

137

00:05:04,870 --> 00:05:03,120

but if it's not you know then really

138

00:05:06,230 --> 00:05:04,880

just be honest with yourself that you

139

00:05:09,270 --> 00:05:06,240

want something more

140

00:05:12,230 --> 00:05:09,280

and if you do want to change that um

141

00:05:13,110 --> 00:05:12,240

you know do so wisely you know by

142

00:05:15,270 --> 00:05:13,120

looking at

143

00:05:16,790 --> 00:05:15,280

um you know maybe there's one at one

144

00:05:18,310 --> 00:05:16,800

kind of job or one kind of

145

00:05:20,710 --> 00:05:18,320

income source that brings you more

146

00:05:22,310 --> 00:05:20,720

income and maybe there's some kind of

147

00:05:23,830 --> 00:05:22,320

artistic pursuit or something that maybe

148

00:05:26,790 --> 00:05:23,840

doesn't bring you any income

149

00:05:28,310 --> 00:05:26,800

at this point or whatever and so you

150

00:05:29,670 --> 00:05:28,320

this is not about throwing the baby out

151

00:05:32,469 --> 00:05:29,680

with the bathwater

152

00:05:33,350 --> 00:05:32,479

you know it's really about allowing

153

00:05:37,110 --> 00:05:33,360

yourself

154

00:05:38,710 --> 00:05:37,120

to become what you're becoming allowing

155

00:05:42,230 --> 00:05:38,720

yourself to evolve

156

00:05:44,390 --> 00:05:42,240

and allowing yourself to have the dreams

157

00:05:46,870 --> 00:05:44,400

that you have allowing yourself to just

158

00:05:52,390 --> 00:05:50,390

to dive into life instead of you know

159

00:05:54,390 --> 00:05:52,400

allowing it to control you and that's

160

00:05:56,870 --> 00:05:54,400

really what the paradigm shift is about

161

00:05:58,150 --> 00:05:56,880

it's really about you know grabbing hold

162

00:06:00,550 --> 00:05:58,160

of the reins

163

00:06:01,189 --> 00:06:00,560

and of your future and really just

164

00:06:03,909 --> 00:06:01,199

saying

165

00:06:05,110 --> 00:06:03,919

you know universe whatever it is that

166

00:06:08,390 --> 00:06:05,120

you call it you know

167

00:06:11,189 --> 00:06:08,400

from a spiritual perspective um

168

00:06:12,150 --> 00:06:11,199

and just you know claim what it is that

169

00:06:13,830 --> 00:06:12,160

you want

170

00:06:15,830 --> 00:06:13,840

and it's going to be so much easier for

171

00:06:18,230 --> 00:06:15,840

you to actually live your dreams

172

00:06:20,950 --> 00:06:18,240

if you're very clear on what you want

173

00:06:23,550 --> 00:06:20,960

and what they are

174

00:06:24,870 --> 00:06:23,560

you can find out more about what i do at

175

00:06:28,309 --> 00:06:24,880

wildflowerinstitute.com

176

00:06:30,870 --> 00:06:28,319

and you can find episodes of my radio

177

00:06:33,189 --> 00:06:30,880

and tv show called bridging the gap

178

00:06:34,309 --> 00:06:33,199

at my website as well and if you sign up

179

00:06:36,150 --> 00:06:34,319

for the newsletter

180

00:06:38,309 --> 00:06:36,160

you'll actually be getting episodes

181

00:06:41,029 --> 00:06:38,319

delivered right to your inbox

182

00:06:42,950 --> 00:06:41,039

i've also got my energetic weight loss

183

00:06:44,950 --> 00:06:42,960

online course

184

00:06:46,790 --> 00:06:44,960

that's now actually available worldwide

185

00:06:48,150 --> 00:06:46,800

and it's online and it's really cool

186

00:06:49,830 --> 00:06:48,160

because it's something that

187

00:06:51,749 --> 00:06:49,840

people used to have to travel to

188

00:06:53,270 --> 00:06:51,759

minneapolis to to be able to have

189

00:06:55,270 --> 00:06:53,280

sessions with me and

190

00:06:57,189 --> 00:06:55,280

and energetic weight loss is really a

191

00:07:00,390 --> 00:06:57,199

way of allowing

192

00:07:00,710 --> 00:07:00,400

yourself to release excess weight from

193

00:07:03,110 --> 00:07:00,720

both